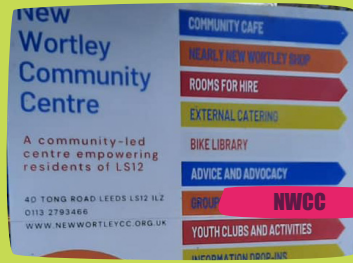


Difficulty:

This cycle route has some Steep Hills



Stanningley Road



Bramley Town End



Bramley Park



Canal Tow Path



Tow Path Castleton Mill

Stanningley Bike Ride

Duration: 1 to 2 Hours

Distance: 12 Miles

Leaving the New Wortley Community Centre proceed along Green Lane past Castleton Primary School onto Oak Road and then through Jaily Fields without crossing the bridge, join Armley Road A647 Stanningley Road towards Bramley.

This is a very good cycle route and well-marked. Continue towards Bramley turning off before the Stanningley Bypass. Dismount at the crossings and then continue over the flyover up to Bramley Town End which has the Greggs Depot on your left. This route takes you along Stanningley Road when you see Wilco Motor save on your left, at the traffic lights turn right up Hough Lane.

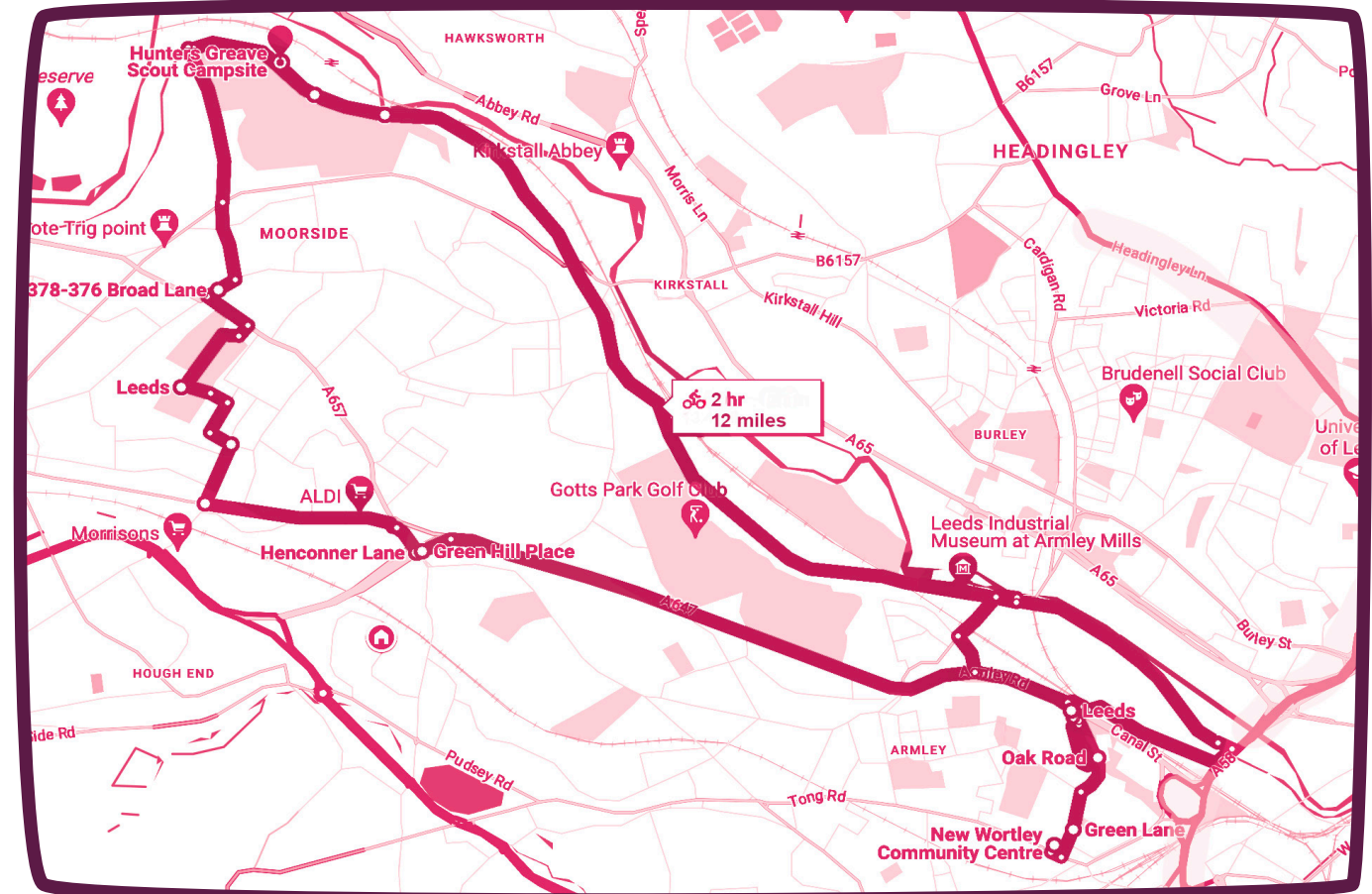
Proceed up the hill and where the road has a sharp right bend, turn left onto Grahamthorpe then take the first right onto Warrels Grove. Take the third left turn onto Warrels Road to the end where you will find the Bramley Park Pedestrian Entrance. You will need to dismount to enter the park down a few steps. Follow any of the pathways through the park Maybe enjoy a pit stop here.

Exit the park onto Upper Town Street turning left. At the junction with Broad Lane turn right onto Broad Lane then take the fourth left turn down Newlay Lane and onto Pollard Lane. Bramley Fall Park is on your right. At the traffic lights on the bridge, turn right onto the towpath, then follow the canal towpath route 66 towards Leeds. Further along this route you will reach Kirkstall. A café can be found at Hollybush Conservation Centre (please check opening times on the day you plan to visit)

On certain days they have the canal side gate open if so, they will have signage on the towpath, if it's not showing open you will need to carry on for a short distance until you see the signage for the Desmond Family Canoe Trail then cross the road at the at the bottom of Broad Lane where you will see the signage for the Hollybush. Toilets are available and a purchase is not necessary to use them.

Fact...

That a healthy activity like cycling wakes you up by boosting your circulation helping you to start your day with a sense of accomplishment. – health line



The Kirkstall Bridge Shopping Park is also just across the Bridge. Rejoining the canal or continuing if you didn't take a break, carry on along the towpath towards Leeds until you pass Castleton Mill. Here you will see the exit before the bridge which you will take. Proceed forward and turn right with Harley Davidson on your left.

Cross the bridge on the pavement, which is also a cycleway, be mindful this is a shared space so if busy you may need to dismount until the junction which leads onto the cycle path take this all the way up to the top of the Armley Road where you can see the pedestrian crossing and the bridge.

Crossing this bridge takes you to Jaily Fields and Oak Road and left onto Green Lane and back to NWCC.