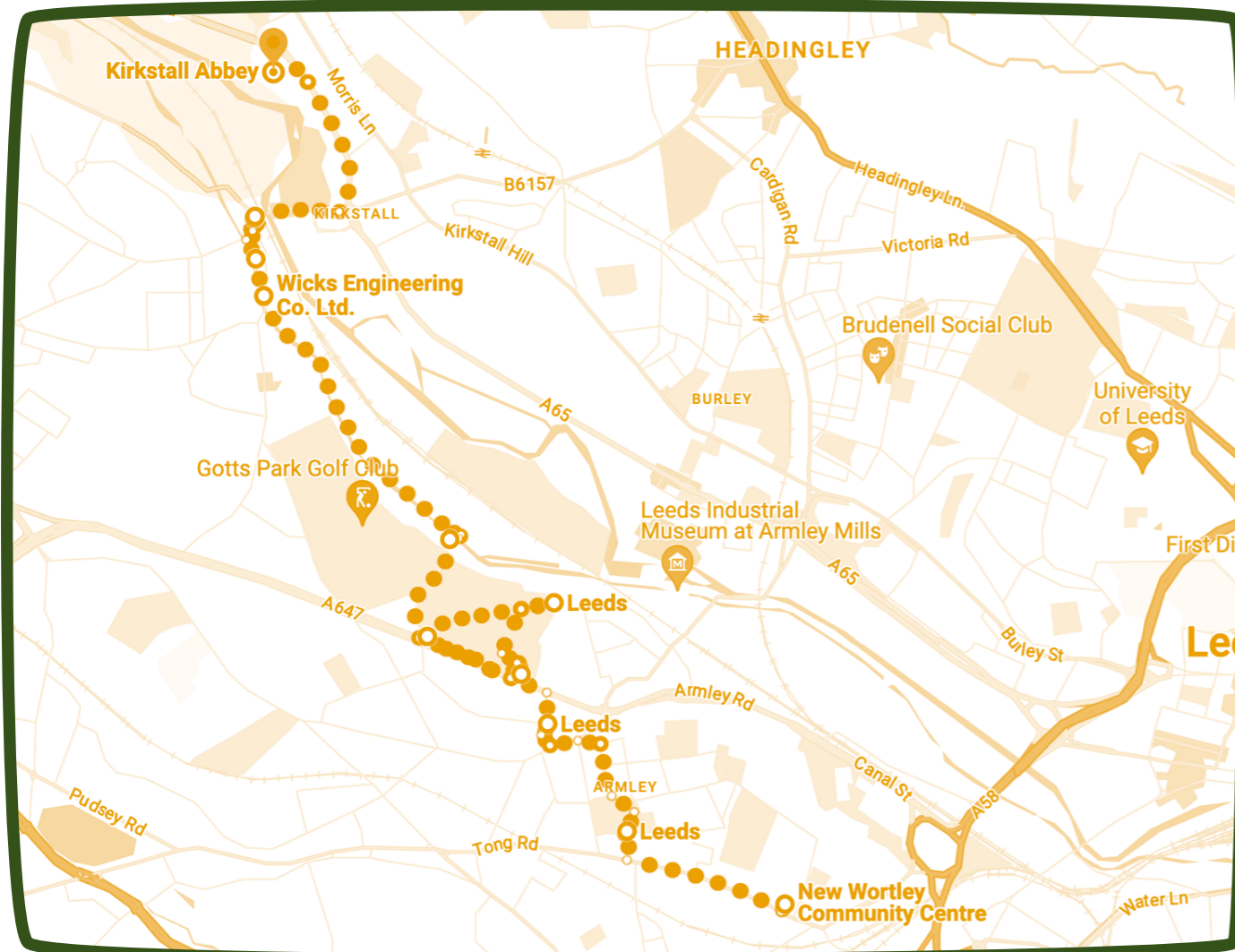


Did you know...

Armley has been home to quite a few creative people, including playwright, Alan Bennett, novelist, Barbara Taylor Bradford, and the band, Chumbawumba.



Studies show that even walking briskly for ten minutes increases mental alertness and positive mood and reduce your risk of depression. NHS inform

Accessibility:

This walk has some Steep Hills



St Barts



Armley Park



Armley Park Woods



Tow Path



Broad Lane



Tong Road

Nature Walk

Duration: 2 Hours

Distance: 5.5 Miles

Leaving from NWCC proceed Up Tong Road turn left at Strawberry Lane past St Batholomews church crossing the road down Church Road onto Wesley Road. At the bottom of the road turn left along Armley Town Street crossing over the pedestrian crossing and going down Theaker Lane to the end.

Take the first left down Evers Ave turn left and at the first pedestrian crossing cross over to Armley Park entrance and proceed around the park in a clockwise direction. Also Known as Gotts Park this is a wonderful green space and a great area for family activities and or a picnic.

Pass both children's play areas and take the grassy path down through the woods. Turn left and down some steps left again and down more steps until you reach the bottom. Continue left until you see the bridge cross here and then follow the towpath left towards Kirkstall.

You will pass Wicks Engineering and shortly after you will see a sign for Desmond Family Canoe Centre which is where you leave the canal and join the road. Turning left to the end you will be at the bottom of Broad Lane where you can see the signs for Hollybush across the road. You will be welcome to use the toilets and have a look around here and if you wish you can stop for a drink and a bite to eat. (Please check opening times on the day of your visit)

If you wanted to walk longer its not far to Kirkstall Abbey from here over the bridge and past the shops, you will find the pathway through to the Abbey.

This is another great picnic stop and subject to their opening times café and toilet facilities are available. Abbey House Museum is just across the road (charges may apply check their website for more information) When you are ready to return just retrace your steps back.