

Accessibility:
This walk has some Steep Hills



Western Flatts Cliff Park Bike Ride

Duration: 45 Minutes
Distance: 4.3 Miles

Leave NWCC and proceed up Tong Road, just past Prottype Tyres turn left onto Amberley Road to the end past Asda to the mini roundabout. (If at any time traffic is busy don't forget you can dismount and walk your bike on the pavements.)

Take the third exit and proceed along Oldfield Lane past the Cemetery. At the next mini roundabout take the third exit keeping the Ritz fish and chip shop on your left proceed up Green Hill Lane.

Here you will find the entrance to Western Flatts Cliff Park. There are a few pathways through so depending on your fitness levels you can choose. Be mindful that pedestrians have priority in shared spaces so you must be respectful and slow down and or dismount where necessary. Remembering that not everyone may hear you coming or may be able to move quickly.

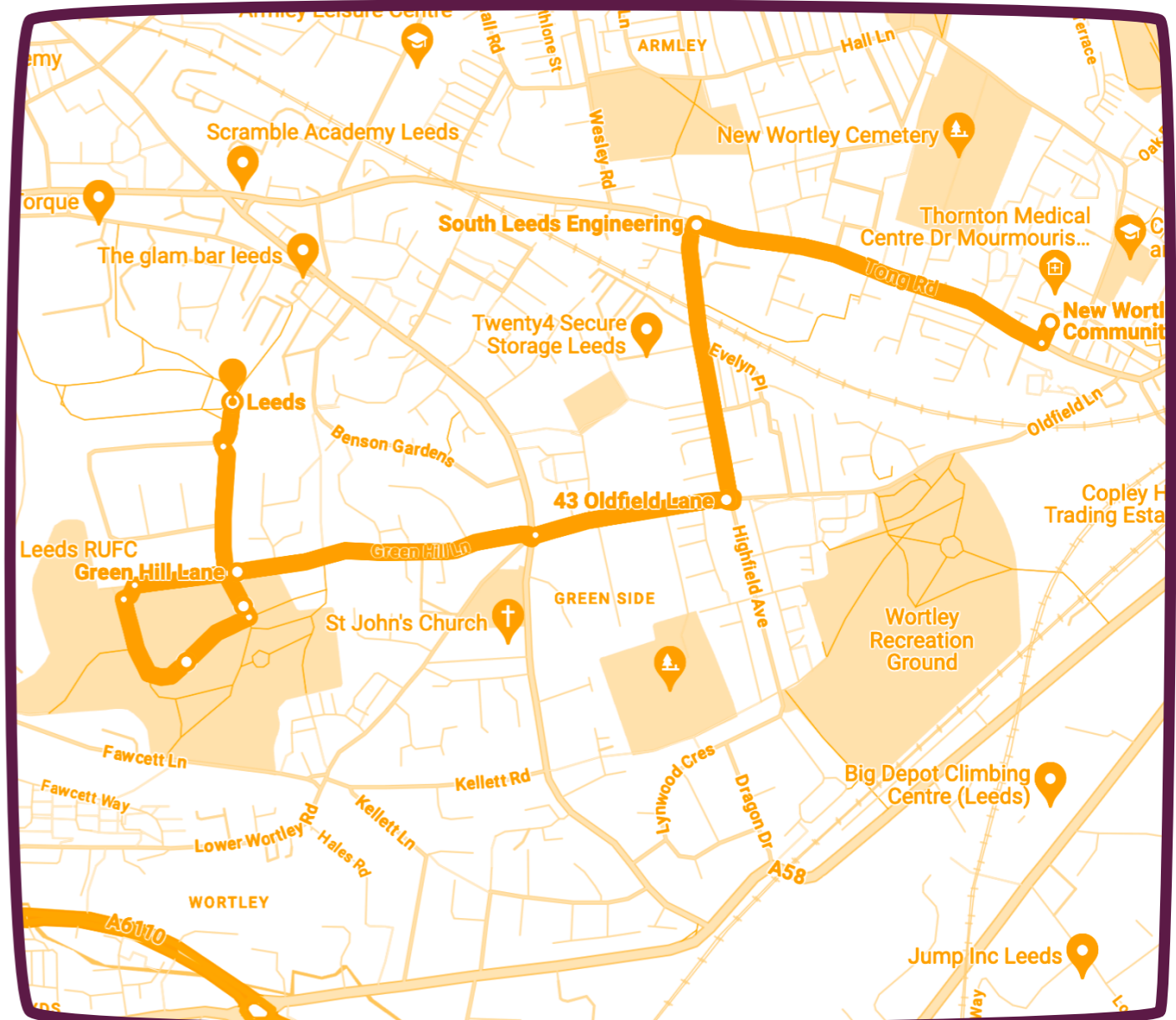
The walled Rose Garden is a bit of a hidden gem and a wonderful space to relax, although it wouldn't be advisable to ride around here, dismount and sit on one of the benches here enjoying the wildlife and fabulous aroma for a while (on a warm day it's a suntrap and teaming with insects and birds.)

Exiting the park here you turn right back down Green Hill Lane. For those of you who wish to ride on off-road terrain turn left up Leysholme Drive. The road bends and leads to Leysholme Crescent you will see the entrance to Cabbage Hill. This can be muddy on a wet day as it is not paved.

Again, this is a shared space with lots of dog walkers so be mindful especially if the grass is long in places possibly obstructing your views around the corners.

Did you know...

Cycling is one of the most enjoyable and efficient ways for people to get around. It's great for the environment and it's good for people's health - CPRE



The views from here are magnificent you can see for miles. Anyone who loves nature and photography will enjoy the outstanding sunrises from this spot. Then return to Green Hill Lane or those of you not visiting Cabbage Hill continue back down to the mini roundabout. Take the second exit to Oldfield land and proceed to the junction with Tong Road where you will turn left and be back at NWCC.