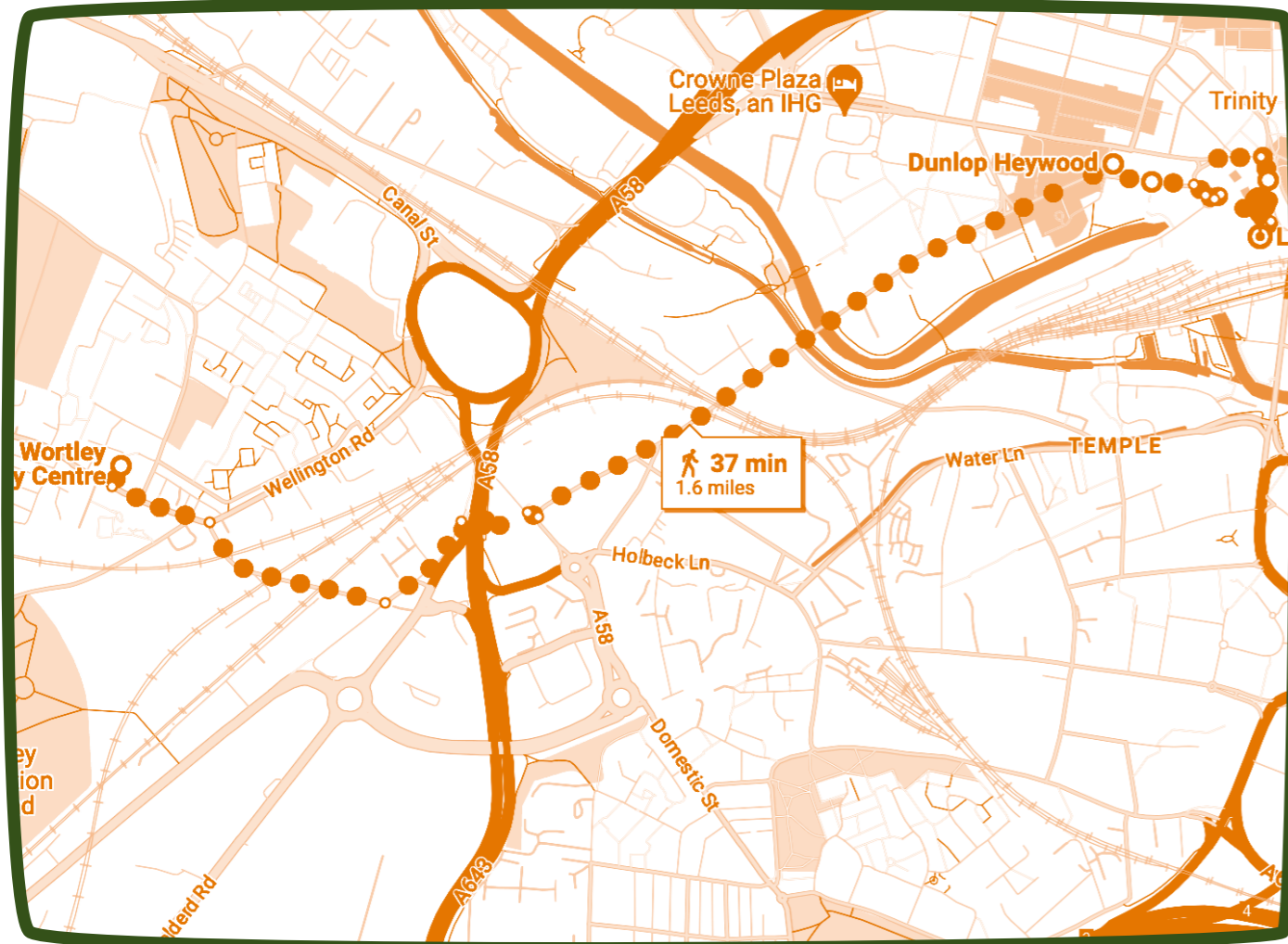


Did you know...

The area close to where the Armley Gyrotory now stands was once the home of hippos. The bones of a 117,000 year old hippo found by workmen in 1851 can be found on display at Leeds Museum.



Any walk is good for brain health as the impact of each footstep increases blood flow to the brain. This can help improve your memory, cognitive function and protection against decline. Wood land Trust 2024

City Centre Walk

Duration: 30 - 40 minutes

Distance: 1.5 miles Round trip: 3 miles

Start your walk from New Wortley Community Centre on Tong Road, head a few yards down to the end of Tong Road. Once there, cross over to Copley Hill under the bridge, passing by the Bike College.

Follow the road, passing Adam Court. When you reach the junction, take a left turn. You will be able to see the flyover bridge that awaits you. Cross over and keep on the straight path, passing by Dunelm Mill. If you need a pit stop, the café and toilets here can provide a brief respite.

Continue your walk by heading up Whitehall Road, continuing straight onto Aire Street. Enjoy the urban landscape as you make your way to the Leeds City Train Station.

Upon reaching the train station, take a stroll around to the front of the Queens Hotel. There, you'll find yourself facing City Square an iconic spot in Leeds. Take a moment to absorb the vibrant atmosphere, and perhaps plan your next stop in the city.

Leeds has so much to offer that you could spend days exploring and not see it all, so feel free to spend your time discovering its treasures. From cultural landmarks to hidden gems, there's something for everyone. If you've had your fill and it's time to head back, simply retrace your steps.

Alternatively, if the journey seems a bit much for the return trip, give yourself a pat on the back and consider taking a bus home. Walking both ways could be a goal for another day, but for now, relish in the accomplishment of a well enjoyed stroll through the heart of Leeds.

Accessibility:

Mostly flat ideal for prams and pushchairs.



NWCC



BIKE COLLEGE



FLY OVER



WHITEHALL RD



AIRE STREET



QUEENS HOTEL